

**APRAJITA NAKRA, DPM, FACFAS**

2915 E. Baseline Rd. #103, Gilbert, AZ 85234

(480) 212-5144

(480) 559-8410 (fax)

*www.EliteExperts.org*

**WORK EXPERIENCE:**

**Elite Experts**

Chief Medical Officer

Gilbert, Arizona

2014 - Present

**Advanced Ankle and Foot**

Medical Director

Gilbert, Arizona

2004 to Present

**East Valley Foot and Ankle Specialists**

Partner

Mesa, Arizona

2000 - 2004

**EDUCATION:**

**Doctor of Podiatric Medicine**

New York College of Podiatric Medicine

New York, New York

1997

*Magna cum Laude*

**Bachelor of Science**

University of Toronto

Toronto, Canada

1993

**POST GRADUATE EXPERIENCE/TRAINING:**

**Board Certification - Reconstructive Foot and Ankle Surgery**

American College of Foot & Ankle Surgeons

August 2007

**Certification in Total Ankle Replacement**

**Certified in all Total Ankle Systems.**

**(STAR, Wright Medical, Tornier, Zimmer, DePuy Synthes)**

2008 to Present

### **Master Techniques in Peripheral Nerve Surgery**

John Hopkins University Medical School  
Institute of Peripheral Nerve Surgery- 2004

### **Medical Mission Trips**

Nigeria (2014), Ecuador (2008, 2009, & 2010), Philippines (2009),  
Thailand (2009), Nicaragua (2003), Peru (2002), Mexico (1999)

### **Advanced Ilizarov and Taylor Spatial Frame Methods**

Smith and Nephew  
Cancun, Mexico - 2002

### **Reconstructive Surgery of the Foot and Ankle**

#### **Three-Year Surgical Residency**

Emory Northlake Regional Medical Center  
Atlanta, Georgia 1997 - 2000

### **Arthroscopic Surgery of the Foot and Ankle**

American College of Foot and Ankle Surgeons  
Chicago, Illinois - 2000

### **Reconstructive Plastic Surgery of the Foot and Leg**

Georgetown University Medical Center  
Washington, DC - May 2000

### **Techniques in Vascular Microsurgery**

University of Louisville  
Louisville, Kentucky - June 1999

### **Atlanta Leg Lengthening & Deformity Correction Center**

Northlake Regional Medical Center  
Tucker, Georgia  
July 1997-June 2000

### **AO Basic and Advanced Course**

2000 and 2001

### **LEADERSHIP & PROFESSIONAL POSITIONS:**

#### **President**

Arizona State Physicians Association  
2016 - Present

#### **President**

Arizona State Podiatric Medical Association  
2007-2009

**Medical Executive Committee Member**

Arizona Orthopedic and Surgical Specialty Hospital  
2005 - Present  
Warner Park Surgery Center  
2005 - 2014

**Board Member**

Arizona Foundation Board of Trustees  
2014 - Present

**Board Member**

Arizona Care Network (Dignity Health)  
2015 - Present

**Board Member**

Arizona State Physicians Association  
2015 - 2016

**Active Faculty Member**

The Podiatry Institute  
2000-Present

**Active Faculty Member**

American Academy of Foot and Ankle Osteosynthesis  
2016 - Present

**Active Faculty Member**

Midwestern University, College of Health Sciences  
Glendale, Arizona  
2004 - Present

**Active Faculty Member**

Maricopa Medical Center  
Podiatric Medicine and Surgery Residency Program  
Phoenix, Arizona  
2004-Present

**Member**

American College of Foot and Ankle Surgeons  
2000 - Present  
American College of Foot and Ankle Pediatrics  
2014 - Present  
American Academy of Podiatric Sports Medicine  
2011 - Present

**Co-Secretary**

American College of Foot and Ankle Surgeons  
Division IV  
2010 - 2011

**NATIONAL LECTURE EXPERIENCE:**

**“EXPERT” in “Ask the Expert” Series**

American Podiatric Medical Association  
September 2009, March 2011

**“EXPERT” in “Ask the Expert-Health” Column**

The Arizona Republic  
2007 - 2010

**Orthobiologics - Foot and Ankle Surgical Reconstruction  
and Wound Care Applications**

**American Podiatric Medical Association**

**2014 To Present**

Science and Management Symposium (SAM)  
Orlando, Florida - Jan 2014  
Midwest Regional Conference, Chicago -April 2014  
National Conference, Hawaii-July 2014

**2013 Symposium on the Geriatric Foot and Ankle**

**“Surgical Management of the Geriatric Flatfoot deformity”**  
New York, New York- October 2013

**Postgraduate “Mini-Residency” Continuing Education  
Ankle, Rear foot and Forefoot Cadaver Surgery (Instructor)**

**The Podiatry Institute**

Tucker, Georgia  
1997 to Present

**Dignity Health- Health Span Speakers’ Bureau  
Cutting Edge Options for Ankle Pain & Arthritis**

Chandler, Arizona  
2012 to Present

**Advances in Podiatric Medicine and Surgery**

**The Podiatry Institute**

**1999 to Present**

**2015:**

Phoenix, Arizona; Portland, Oregon; Atlanta, Georgia; Chicago, Illinois

**2014:**

Schaumburg, Illinois; Fort Myers, Florida; Philadelphia, Pennsylvania;  
Falls Church, Virginia; San Antonio, Texas; San Diego, California;  
Phoenix, Arizona; Atlanta, Georgia

**2013:**

Schaumburg, Illinois; College Park, Maryland; Atlantic City, New Jersey;  
San Diego, California; Kansas City, Missouri; Portland, Oregon;  
Overland Park, Kansas; Atlanta, Georgia; Newport, Rhode Island;  
Phoenix, Arizona

**2012:**

Decatur, Georgia; San Diego, California; Galveston, Texas;  
Napa Valley, California; Atlanta, Georgia; Phoenix, Arizona

**Stem Cells and Orthobiologics**

Blackstone Medical  
Phoenix, Arizona - September 2007

**Role of External Bone Stimulators in Bone Healing**

Annual Arizona State Medical Seminar  
Sedona, Arizona - January 2007

**Peripheral Arterial Disease and Peripheral Neuropathy**

Annual Proceedings  
Institute of Peripheral Nerve Surgery  
Albuquerque, New Mexico - November 2006

**Peripheral Arterial Disease - Diagnosis and Treatment**

"Silverhawk" Technique  
Scottsdale, Arizona - October 2006

**INTERNATIONAL LECTURE EXPERIENCE:**

**The First Conference on Diabetic Foot Disease**

Lagos, Nigeria - March 2014

**Amrita Institute of Medical Sciences**

Kochi, India - June 2009, September 2012

**Indian Diabetes Association**

**Third National Workshop on "The Diabetic Foot"**

*Keynote Speaker*

Lucknow, India - November 2008

**Global Lecture Series on The Foot and Ankle**

Lima, Peru - March 2002

Manila, Philippines - July 2009

Bangkok, Thailand - July 2009

**PUBLICATIONS:**

**American College of Foot & Ankle Surgeons - Phoenix 2015**

*Poster Presentations*

- "Immediate Weightbearing after 1<sup>st</sup> MPJ arthrodesis" - Nakra, McGlamry, Brosky et al
- "Locking Pin Fixation for Austin Bunionectomy" - Nakra, McGlamry, Hopkins et al

**Editor** - 4<sup>th</sup> Edition of McGlamry's *Comprehensive Textbook of Foot and Ankle Surgery*. Lippincott, Williams & Williams, 2012  
**The bestselling textbook globally for Reconstructive Foot and Ankle Surgery**

**Reviewer** – *The Journal of Foot and Ankle Surgery*, American College of Foot and Ankle Surgeons.

2012-Present

**Official Publication of the American College of Foot and Ankle Surgeons**

Miller S, Nakra A: **Morton's Neuroma** – A clinical Dilemma.  
In *Comprehensive Textbook of Foot Surgery, Third Edition*.  
Williams & Wilkins, 2000

Cicchinelli L, Nakra A: **Juvenile Hallux Abducto Valgus**.  
In *Comprehensive Textbook of Foot Surgery, Third Edition*.  
Williams & Wilkins, 2000

LaPointe S, Nakra A, Peebles C: **The Reliability of Clinical & Caliper Based Calcaneal Bisection**. JAPMA Mar 2001.